

After Care.

Once all your cells have been returned to you your skin and eyes will be very sensitive to sunlight or UVA light for 48 hours.

We recommend that you use a **Total Sun Block** and **UVA treated Sun glasses** (wrap around if possible)

Do not carry anything heavy with the arm we have used for treatment (to prevent bleeding from the site). Keep the pressure bandage in situ for 4-6 hours

Side Effects

Photopheresis is a relative safe treatment with very few side effects however there are a few side effects that you may experience. They are:

- Increase in redness of your skin

- Increase in itchiness

- You may feel like you are starting with a fever (shivering, hot aching)

This is because we have disturbed your Immune System, this feeling should only last for a few hours. However, if you continue to feel unwell or are worried at all and you have gone home you should contact your usual hospital for advice.

Deferral of Treatment

Sometimes your treatment may need to be deferred. This may happen with any of the following circumstances / conditions:

- Low Haemoglobin below 10

- Haematocrit below 0.27

- Temperature 38° or above

- Low platelets below 20

- Vomiting or Diarrhoea until a stool sample is obtained an infection is ruled out

- Recent Blood clots (will not be able to treat for 6 weeks)

- Recent Heart Attack (will not be able to treat for 6 weeks)

- Shingles or chicken pox (cannot treat until all the lesions are dry)

Once your symptoms have resolved you will recommence your treatment however, if the deferral of treatment becomes prolonged you may need to be reassessed for treatment.